



## Contingency Planning By Angel True

Your plan is fantastic! You've thought about all of the details, it's logical and well reasoned, it makes sense for you and you have everything you need to accomplish your goal. You are on track and moving forward...and then something unexpected happens.

Sometimes it doesn't matter how well your Plan A is designed as invariably something you didn't think about could happen and derail your progress. That's why every good Plan A also has a contingency plan – Plan B. Your original plan is designed with all of the details to make it happen and some of the reasonable obstacles you'll be dealing with. Plan B is where you identify some of the less reasonable obstacles that might get in your way and determine ahead of time how you will deal with them.

Ask yourself this simple question, "What might get in the way of completing my plan?" Identify two or three of the reasonably unexpected obstacles. Perhaps it's as simple as "I'll be lazy about it" or "I'll have to work too much that week" or "My friends might call me and want me to go out with them." Consider all the significant unexpected possibilities that might get in your way or sidetrack you from your task.

Now ask yourself this question, "How will I deal with it?" Once you have those answers you'll have your Plan B. By having this plan in place you provide yourself the opportunity to know in advance how you'll deal with the unexpected. If you put the two together you've now covered most of the obstacles that might get in your way and thus increase your chances of success.

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